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What is claimed is:

1. A plasma-processing method comprising the steps of:

mounting a silicon-containing substrate on a mounting unit disposed within a process chamber;

generating plasma through feeding plasma-generating gas including fluorine-containing gas into the process chamber and through causing plasma discharge; and

etching the silicon-containing substrate with the plasma while keeping the silicon-containing substrate at a predetermined temperature of 40°C or higher.

## 2. The plasma-processing method of claim 1,

wherein the silicon-containing substrate is a silicon wafer having a first side having a protective tape affixed thereon and a second side opposite the first side,

wherein said step of mounting the silicon-containing substrate includes the sub-step of mounting the silicon wafer on the mounting unit while the protective tape contacts with the mounting unit, and

wherein said step of etching the silicon-containing substrate includes the sub-step of etching the second side while the mounting unit is held at the predetermined temperature.

- 3. The method of claim 2, wherein the second side of the silicon wafer has a stressed layer formed by polishing or grinding, and said step of etching the second side including the sub-step of removing the stressed layer.
  - 4. The method of claim 2, wherein the predetermined temperature is a

temperature not causing the protective tape to exceed a heat resistance temperature of the protective tape.

5. The method of claim 1, wherein the fluorine-containing gas is one of 5 carbon tetrafluoride and sulfur hexafluoride.